



Certificate of Completion

Program Title: *Chopra Meditation Certification Program*

Educators: Deepak Chopra, M.D., F.A.C.P. – Chopra Global Co-Founder and Lead Educator
Roger Gabriel – Chopra Chief Meditation Officer
Dr. Sheila Patel, M.D. – Chopra Chief Medical Officer
Mallika Chopra – Chopra Global Chief Executive Officer
Manjula Nadarajah – Chopra Certified Instructor

Dates: September 14, 2021 – January 18, 2022

This is to certify that

Hitla Morena Fontes

has completed Chopra's online Meditation Foundations, Enrichment, and Certification programs totaling 115 hours. The program content includes philosophy and concepts, teaching methodology, interactive webinars and peer groups, practicums, practice teaching, and techniques and practices for personal growth and development. All testing requirements for certification have been successfully completed and passed.

Erica Lopez

Certifications Program Manager